

WHAT'S ON Sprowston Diamond Centre

Metafit with Sally Hart

The 30 minute class that last 24 hours

- Tone the muscles
- Boost the metabolism
- Burn the fat.

Mondays 9.15 - 9.45am



Tai Chi with Master Ding Academy - registered instructor Cos Stephanides

For well-being, relaxation, stress relief, self-confidence, inner balance, self-defence, health and fitness. Tuesdays 7pm - 9pm

Dynamic Dance

A fun and friendly dance School with classes held in Street Dance on Tuesdays or Fridays for all ages and abilities. Children's classes £3.50 and teens and adults £4.

Movie Afternoon

First Monday of every month except bank holidays, watch the latest releases at your local community centre.

■ 1 September 2014 The Monuments Men (12A)

Based on the true story of the greatest treasure hunt in history, the film is an action drama focusing on an unlikely World War II platoon, tasked by FDR with going into Germany to rescue artistic masterpieces from Nazi thieves and returning them to their rightful owners. It would be an impossible mission: with the art trapped behind enemy lines, and with the German army under orders to destroy everything as the Reich fell, how could these guys - seven museum directors, curators, and art historians, all more familiar with Michelangelo than the M-I, possibly hope to succeed? But as the Monuments Men, as they were called, found themselves in a race against time to avoid the destruction of 1,000 years of culture, they would risk their lives to protect and defend mankind's greatest achievements.

■ 6 October 2014 Jersey Boys (15)

The film tells the story of four young men from the wrong side of the tracks in New Jersey who came together to form the iconic 1960s rock group The Four Seasons. The story of their trials and triumphs are accompanied by the songs that influenced a generation, including "Sherry," "Big Girls Don't Cry," "Walk Like a Man," "Dawn," "Rag Doll," "Bye Bye Baby," "Who Loves You," and many more.

■ 3 November 2014 Tammy (15)

Not a remake of the Debbie Reynolds/Sandra Dee epics of the 50s and 60s but a story of a tough contemporary girl, like millions of others named after that screen heroine. Fired from her dead-end job in a fast food restaurant, Tammy returns home to find her husband enjoying romance with the neighbour. She packs her bag and, with her "ailing" grandmother, she sets off to find adventure. Grandma Pearl, a stirring performance from Susan Sarandon who enjoys every moment, is something of a hell-raiser.

Performances commence at 1.30pm, with complimentary tea and coffee available from 1pm. Tickets are £5 each and available in person from Sprowston Diamond Centre up to the Friday before the performance, or £5.50 on the day. Children under 16 years must be accompanied by an adult. Patrons are asked to turn mobile phones off during performances and respect the enjoyment of fellow cinema users. All listings are subject to availability and may vary. Please contact the Council Office one week prior to showing for confirmation of the film.

Have you always dreamed about starting your own business but not sure where to start?

Maybe you want to turn your hobby into a business or just want to be your own boss?

A free programme is offered by Broadland District Council for all Broadland residents who want to find out more about self-employment.

The three hour Business Start-Up Workshop is designed to introduce you to the basic principles of starting a business, where you are also provided with a Business Start-Up Toolkit.

The three day Business Essentials Programme delves deeper into what to expect in starting and running your own business. After completing the programme, you may have the option to take a series of further free courses as discussed with the Business Advisor.

A new programme begins every month and courses take place at the Council's training facility; the EcoCube, located at Rackheath.

To find out more about the programme, please call (01603) 430449 to speak to Jane Bagley or Jo Kerrison from the Economic Development Team at Broadland District Council.

To view course dates and our range of other courses, please visit: www.broadland.gov.uk/training

SPROWSTON DIAMOND CENTRE

School Lane, Sprowston, NR7 8TR

Are you looking to hold a party, leisure activity, training event, exhibition or workshop? We have a range of high-quality rooms available for hire.

We offer • Affordable prices • Use of a kitchen or catering service • Projector, screen, Wi-Fi, hearing loop and flip chart • PA, sound system, DVD player and air conditioning • Free parking.

Tel: (01603) 408063

Email: townclerk@sprowston-tc.gov.uk

www.sprowston-tc.gov.uk



SCHEDULE OF TOWN COUNCIL MEETINGS

All meetings of the Council are open to the public, who are welcome to attend, and there is an opportunity for residents to ask questions on any matters concerning the Town of Sprowston. Copies of the agenda and minutes for each meeting are available free of charge either on request from the Council Office when they are published or at the meeting. Other background papers and reports can also be viewed or copies supplied on payment of a small charge, details in the Town Council's Publication Scheme. Meeting dates are posted on the Council notice boards and website, and unless otherwise advised all meetings are held at Sprowston Diamond Centre, commencing 7:30pm.

Opening times and telephone enquiries

Mon-Fri 9.30am-1pm & 2pm-4.30pm (after hours answerphone)
Town Clerk: June Hunt t: (01603) 408063 f: (01603) 418113
e: townclerk@sprowston-tc.gov.uk

'Sprowston Matters' Editor: Evelyn Elliot t: (01603) 408063
e: evelyn.elliott@sprowston-tc.gov.uk

Town Council Offices: Sprowston Diamond Centre, School Lane, Sprowston, NR7 8TR

Sprowston Matters



Memorial wall complete at Sprowston Cemetery

Loved ones not buried at Sprowston Cemetery will soon be able to have plaques placed in their memory on our recently completed memorial wall. The wall was built as part of the redevelopment of the cemetery building to fulfil the wishes of families requesting some form of remembrance to relatives laid to rest elsewhere.

The next stage will be to plant soft landscaping and provide seating, with an opportunity to sponsor benches, bushes and shrubs.

The Council has also agreed a new facility for controlled strewing of ashes in the cemetery's flower beds with a plaque on the memorial wall or to mark the place within the chosen bed.

All enquiries regarding memorial plaques should be made to the Town Council Office.

Work to transform the cemetery building into a visitor centre is also progressing well with all internal and external building work complete. The WC facility is now fully operational and external water supply restored. The main room will not be available for use until seating, fittings and fixtures have been installed later this year.

As to the 5.93 acre cemetery extension, work is due to commence this summer to provide a service road access, drainage and landscaping. This area will be laid out in sections similar to the existing cemetery in preparation for interments.



Sprowston Pavilion re-opens

Following refurbishment of the kitchen, which has been completely re-fitted, the Pavilion at Sprowston Recreation Ground has re-opened and is available for hire.

This lovely traditional thatched building holds up to 40 people, has enclosed outside play area with veranda, making it ideal for children's parties, and large car park. The kitchen facility includes kettle, hot water urn and fridge.

■ Contact us for more information or to make a booking tel: (01603) 408068 email: townclerk@sprowston-tc.gov.uk

Recycle and support your community

Did you know that you can support your community by simply recycling your glass bottles and jars in local bottle banks? For every bottle or jar recycled the Town Council receives credits (monies) which it uses to support projects in the community and individuals and local organisations working for the benefit of Sprowston residents can apply for financial support in the form of grant aid.

■ For details of our grant aid scheme please visit: www.sprowston-tc.gov.uk or tel: (01603) 408063.

■ Bottle banks are located at Sprowston Recreation Ground, Church Lane Car Park, Tesco Stores Blue Boar Lane and Windsor Park Gardens.

Grass verges

A majority of the grass verges in Sprowston are cut by the Town Council on behalf of Norfolk County Council although there are a few areas where Norfolk County Council has retained responsibility and other areas looked after by Broadland District Council and Wherry Housing Association.

The Town Council is contracted to cut five times a year but we aim to supplement this and mow as often as practically possible, given our groundsmen's other commitments. However, if there is an obstruction cutting will not be carried out and with this in mind we would ask residents and their visitors to avoid parking on the verges particularly at this time of year.

Concern has been expressed about grass cuttings blocking drainage gullies and having taken advice we have been informed that this is no different to Autumn when thousands of trees shed leaves onto the highway and end up in the same place. The debris from grass cuttings and trees is washed into the gullies and either trapped in the sump of the gully or the sump of the first downstream chamber, which are designed for that very purpose. Cyclic cleansing of the drainage system then removes this detritus.

Neighbourhood Plan

Following a successful referendum in March the Sprowston Neighbourhood Plan was formally adopted within Broadland District Council's Local Development Framework in May and has now become part of the statutory development plan against which relevant planning applications will be determined.

The Plan, which has been shaped and influenced by residents, is designed to give town and parish councils more say on local planning matters and our plan includes policies on new youth and community facilities, reducing speed on Wroxham Road and improving green spaces.



I am pleased to be able to present the 2014 Annual Report

K Lashley
Chairman of Sprowston Town Council

This has been another busy year for the Town Council with ongoing and new projects and preparation of the Neighbourhood Plan whilst continuing with the day to day maintenance and repairs around the parish.

Phase 1 redevelopment of Sprowston Diamond Centre to extend the east wing to create a dedicated, bespoke facility to accommodate the re-location of the Pre-school, was completed in August 2013 in time for the start of the Autumn term. The new extension is well equipped with modern kitchen, covered veranda, secure outdoor play area and private access with car park.

Other works included a new entrance link and WC facilities which serves the St. Quintin Room and Council office.

“The Council’s vision is to provide a vibrant community hub and this is well under way”

Phase 2 involving the re-arrangement of internal walls, removal of chimney, provision of additional fire exits and new kitchen in the west wing to create a large hall, now called the School Room, was also completed on time in January this year. Following this re-development Sprowston Diamond Centre now has four rooms available for hire suitable for a range of activities.

The School Room, a light spacious hall with mood lighting, sound system and sprung wooden floor can hold up to 140 people, dependent on use, and several fitness classes already hire this on a regular basis. Keen interest has been expressed by a number of other groups.

The St Quintin Room, which incorporates an ante-chamber if required, can accommodate up to 50 people and is suitable for various events particularly parties and corporate. The two smaller rooms holding up to 20 people are also in frequent use and hired for children’s activities, band practice and meetings. All accommodation is fitted with WiFi, projector, screen and hearing loop.

To ensure adequate parking is available when the building is fully operational, the Council recently purchased an area of the car park adjacent to Post Mill Close from Norfolk County Council, which had planning permission for the erection of two houses.

To encourage and increase usage of these new facilities a well-attended open day was held on 5 March 2014 giving residents and local businesses an opportunity to see what amenities were available.

The Council’s vision to provide a vibrant community hub is well under way and the next phase is at the pre-planning stage with architects Bidwells. Once planning permission has been granted a business plan will be written and used to gain funding for the scheme.

Still with Sprowston Diamond Centre the monthly cinema continues to be regularly attended with some films proving so popular that we have equipped the School Room with blackout blinds to accommodate the increasing numbers. Listings for May to August are The Butler, Mandela: The Long Journey, The Invisible Woman and The Book Thief. Details can be found on our website, noticeboards and will be advertised in the next issue of Sprowston Matters.

This year the Council welcomed Mr Robert Fowkes who was elected in June to represent Sprowston West Ward. Mr Fowkes is an experienced Councillor having previously served on both Taverham and Hellesdon Parish Councils.

The Council handled 51 planning applications during last year, excluding major development proposals, 5.5% down on the previous year and continuing the decrease following changes in permitted development rules.

As to outdoor leisure activities the enclosed field on the corner of Neville Road and School Lane is now being utilised and hired for football practice.

The bowls green has benefitted from a further grant from Broadland District Council, which has been used to purchase concrete ditch channels and continued improvements to the edging of the green.

The Town Council will be taking over responsibility for the play area and open space at Windsor Park Gardens from developers Wimpey Taylor. Work has already commenced with shrub protection fencing removed, additional planting, replacement of vandalised equipment and regular mowing. The two play areas at Blue Boar Lane, previously maintained by Norfolk Homes, will also become the responsibility of the Town Council however, the water course remains with Broadland District Council.

Following two years of hard work the Neighbourhood Plan went to referendum with residents being asked to vote on whether they wanted Broadland District Council to use the Neighbourhood Plan for Sprowston to help it decide planning applications in the neighbourhood area?

On the 20 March 2014 the electorate of Sprowston voted a resounding yes with 88% of those voting in favour of the plan.

The Plan will now be presented at a cabinet meeting of the District Council for full adoption.

Work to convert the Cemetery building into a visitor centre is almost complete. This new facility will incorporate seating and DDA compliant WC. This will provide mourners with a place to sit away from the elements, as well as a meeting place prior to services taking place.

A semi-circular memorial wall is being constructed to the north of the building where plaques can be placed in memory of loved ones not necessarily buried at the cemetery. This area will be accessed via a block paved path and planted with soft landscaping.

Continuing with the cemetery burial space in section 10 is almost at capacity which has led to section 12 being made available from 11 April 2014. This section is designed in a traditional lay out and flat stones and flush markers will be accommodated.

With regard to the Millennium Woodland the willows, originally planted to protect broadleaf saplings, have been removed and following arboriculture advice we are progressing towards the planting of specimen trees.

The Council has also initiated a tree survey across all land owned and under its responsibility and remedial work has been prioritised with safety in mind.

We thank the Plymouth Brethren Christian Fellowship for their donation of a bench which has been placed at Wilks Farm Drive open space.

The Council continues to participate in the Norfolk Youth Offending Team Community Payback Scheme and receive young offenders (aged 10 - 17) at designated work areas to carry out structured activities working alongside grounds staff.

Once the criteria has been set, the Council will be embarking on Quality Status renewal however, the Council has adopted the Power of Competence which gives the Council an explicit freedom to act in the best interests of their voters unhindered by the absence of specific regulation.

As to financial matters:

- sports hire fees have increased by 2.7% with children’s casual hire remaining unchanged;
- facility hire fees have been decreased to attract more hirers;
- allotment rents have increased by £1.00 and water charges by 50 pence;
- a single cemetery and memorial fee has been applied to residents and non-residents with effect 1 April 2014.

This Council has given £750.00 in grant aid to various organisations including Macmillan Cancer Care, Royal British

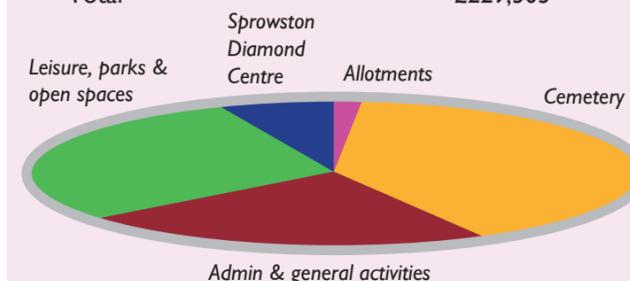
Legion, Age UK Norfolk and East Anglia’s Children’s Hospices. The council funds such donations from monies received from recycling.

Finally I should like to thank both Councillors and staff for their valuable contribution to the work of the Council.

Income and expenditure year ended 31.03.14

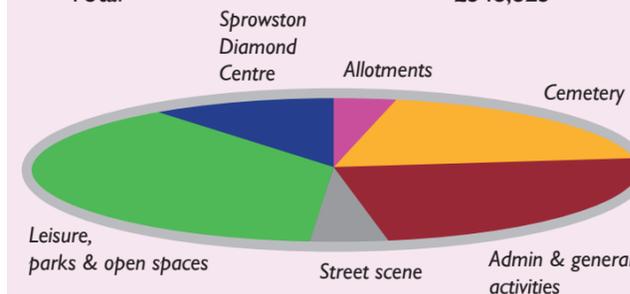
Income (excluding precept)

Allotments	£ 3,465
Cemetery	£ 81,145
Admin and general activities	£ 51,828
~ Street scene	£ 0
Leisure, parks and open spaces	£ 74,829
Sprowston Diamond Centre	£ 18,036
Total	£229,303



Expenditure

Allotments	£ 13,694
Cemetery	£ 100,491
Admin and general activities	£ 126,979
Street scene	£ 43,995
Leisure, parks and open spaces	£ 184,211
Sprowston Diamond Centre	£ 79,455
Total	£548,825



Net Budget for 2013/14

Allotments	£ 10,881
Cemetery	£ 73,135
Admin and general enquiries	£ 134,974
Street scene	£ 54,509
Leisure, parks and open spaces	£ 176,164
Sprowston Diamond Centre	£ 196,950