

## Sprowston Get Together Meeting

Monday 18<sup>th</sup> March 2019

Sprowston Library

Attendees	
Margaret Young	Sprowston Dementia Friendly Community
June Hunt	Sprowston Town Council
Guy Ranaweera	Sprowston Town Council
Michael Graves	Sprowston Dementia Friendly Community / Gage Road Chapel
Ken Lashley	Grow Your Community Sprowston
Phil Harvey	Sprowston Parish Churches
Kirsty Deary	Sprowston Methodist Church and Youth Group
Anne Harrod	Monday Fun Club
Claire Sharland	Sprowston Library
Sandra Hughes	Sprowston Dementia Friendly Community
Natalie Kordeczka-Clarke	Broadland District Council
Amelia Worley	Better Together Norfolk (Voluntary Norfolk)
Simon Stokes	Sprowston Parish Churches

### Notes

Introduction
<p><a href="#">Better Together Norfolk</a> (BTN) is a new project led by local charity Voluntary Norfolk that looks at ways to combat social isolation and loneliness. Amelia (BTN community development worker) contacted Sandra and Margaret to see if BTN could work with Sprowston Dementia Friendly Community. Sandra and Margaret saw that there could be an opportunity to get the wider community involved and suggested organising an event to bring all the community groups in Sprowston together to celebrate what's already happening and encourage more local people to get involved.</p>
Location of Gathering
<p>We discussed holding a community get-together at one of Sprowston's outdoor spaces. Two locations were discussed:</p> <ol style="list-style-type: none"><li>1) The green outside the Co-op on Cannerby Lane.</li><li>2) The green space beside Lidl near new development Manor Park.</li></ol> <p>The benefits of the Cannerby Lane site are that it's in easy walking distance of the bungalows where lots of older residents live, most community activities happen on the other side of Wroxham Road so it's a chance to reach new people. It's also a very open space so visible and easy for people to see what is going on. The disadvantages are that there's no access to public toilets or running water. Also there's no indoor space nearby if the weather is bad.</p> <p>The benefits of the Manor Park site are that it's in an area of new builds so a chance to introduce new residents to Sprowston community activities and near to both Lidl and Tesco's. The disadvantage is that it's a bit tucked away and not easily visible to passers-by.</p>

**Final decision is to hold the event on Cannerby Lane.**

#### **Date and time of Gathering**

Originally Sandra, Margaret and Amelia suggested holding the event on the 22<sup>nd</sup> or 23<sup>rd</sup> of June to coincide with the Jo Cox, Great Get Together weekend. However, this would mean a clash with the church fete. All agreed to find an alternative date.

**We decided on Saturday 13<sup>th</sup> July, with Saturday 20<sup>th</sup> July as a back-up date.**

**We decided to run the event between 10am and 3pm to maximise the number of residents who can pop in.**

#### **Stalls / Stands**

- Claire has offered to bring Lego, although will need volunteers to help supervise the play.
- The library can also bring chess boards.
- Claire has offered to do a storytime for children.
- Sprowston knit and knatter / crochet group could be invited to have a knitting table.
- Pets as Therapy
- Information stands / gazebo to promote all the activities and groups in Sprowston. Sandra suggested we pool resources and share a stand / tent.
- There was also mention of contacting the Norfolk Walkers who start from Sprowston Library.

#### **Publicising the Gathering**

- Flyers / posters to promote the event locally.
- Publicity in Life in Sprowston Facebook page, Sprowston Directory and Just Sprowston (Alex Hurrell)
- Take flyers / posters to Brickmakers, Vape Lounges and other local businesses, also local GP surgeries and pharmacies.

Amelia has already discussed having an information stand at Tesco's with Shez Bucknole, this could also be an opportunity to promote the get-together.

#### **Any other issues / practicalities to consider?**

Co-op manager has already verbally agreed to support event via Sandra. The Coop runs a Co-op Cuppa scheme for community events: <https://www.eastofengland.coop/community/how-we-can-support-you/co-op-cuppa/apply> but you need to be a Co-op member to apply for tea bags / coffee.

Shez Bucknol at Tesco's and Coop Manager will be approached for biscuits / cake / squash.

The Methodist Church has tables and thermos flasks for tea we can borrow. We can fill them up at the Methodist Church or at the nearby hairdressers.

Sprowston Church and the Library both have gazebos that can be used.

#### **Next Steps**

**Actions:**

- Amelia to ask hairdressers if we can use their water supply to fill up thermos.
- Claire can contact for the Pets as Therapy dog / volunteer in Sprowston.
- Amelia to design poster, Simon has offered to do the printing.

**We need volunteers to do the following jobs:**

- **Invite the knit and natter / crochet group to the event.**
- **Is anyone already an East of England Co-op Member and would you be prepared to apply for the Co-op Cuppa scheme to get tea for the event?**

**We still need:**

**Chairs**

**More activities and groups to run them.**

**Does anyone have any outdoor games such as giant connect 4 or giant jenga?**

**Date of Next Meeting: Monday 3<sup>rd</sup> June at 4.30pm at Sprowston Library**