

## Carers Learning Grants

- **Carers Learning Grants are small grants for Norfolk Carers, to fund 'learning course fees' for a course or learning activity of your choice.**
- **Carers can apply once for a grant of up to £150.**
- **Courses can be one off workshops, regular classes or a course of lessons.**

### Learning Courses could include:

- Driving/Moped/Motorbike Lessons
- Leisure courses e.g. creative writing, art, photography, cookery, languages, music
- Distance learning, One to One tuition, Adult Education courses
- Sports and fitness courses e.g. swimming, yoga, gym or dance classes
- Employment related courses e.g. IT skills
- Courses for GCSEs. AS levels, A levels etc.
- Complementary therapies courses e.g. acupuncture, aromatherapy, massage
- Training to help you continue in your caring role e.g. lifting and handling, sign language
- Condition Specific Training e.g. dealing with challenging behaviour, first aid

**For more information and an Application Form Tel: Advice Line 0808 808 9876  
or Age UK Norfolk Grant Administrator Tel: 01603 787111**

**The grants are administered by Age UK Norfolk on behalf of the  
Carers Agency Partnership.**